

MARTIAL ARTS NEWS

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Family Karate Academy
3939 N. High School Rd.
Indianapolis, IN 46254
(317) 297-KARATE (5272)
www.297karate.com
email: familykarateusa@aol.com

*"If you always do what you've always done, you will always be what you've always been.
Change requires Change!"*

CALENDAR OF EVENTS:

Current Weapon: Bo - New Weapon: Sai - Starts Saturday, August 13th - Order Yours Today!

Current Student Life Skill: Goals / Leadership Life Skill: Motivation

Friday, August 12th - GRADUATION - NO REGULAR CLASSES

Need to have name on List by Monday, August 1st

Need to Pay Graduation Fee by Tuesday, August 9th

6:00 pm - 6:25 pm - Lil Dragons All Ranks / 6:30 pm - 7:30 pm Beginner Graduation & Weapons

7:30 pm - 9:00 pm Intermediate & Advance Graduation

6:30 pm - 9:00 pm Those Graduating 2nd Brown or Higher

Current Student Life Skill: Confidence / Leadership Life Skill: Courage

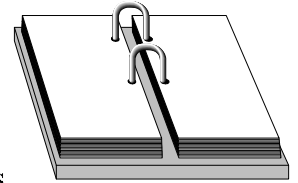
Saturday, August 13th - Phil Wade Memorial Karate Tournament (6th Indiana State)

Friday, August 19th - LEADERSHIP WORKSHOP - Sign up Today! - Bring Your Bo - Special Bo Seminar!

Monday, September 5th - SCHOOL CLOSED - LABOR DAY!

Friday - Sunday, September 2nd - 4th: PKC International Karate Tournament - Indianapolis, IN

Saturday, September 10th - GRADUATION - NO REGULAR CLASSES



NEW STUDENTS!

Monique Young & Skyler Moore

NEW C.I.T. STUDENTS

(Certified Instructor Training)

Kimberly Curry

Congratulations to E.J. Wesley

who graduated from the Lil' Dragon class into
the family classes!

A NOTE FROM SENSEI:

What a great time we had at the Board Breaking Seminar this last Friday! Everyone was able to break something! Some of the smaller young people even surprised us with their mighty powerful strikes.

School is starting just around the corner. For many students this is when they are able to come to classes more consistently. We look forward to seeing many back from vacations. If you have not been in class lately, come back! Set your goals for your next ranks.

Yours for Karate,
Kyoshi-Sensei Ken Piper

Proverbs 22:6

Train up a child in the way he should go: and when he is old, he will not depart from it.

Welcome

Graduation

Saturday, July 16th

Congratulations!

Lil Dragon Graduation -

White/Yellow Belt - Nathan Martin, Marie Riley

White/Orange Belt - Donnell Frazier

White/Green Belt - Quinton Ford

White/Double Yellow Belt - Alessandro Gonzalez

Belt Graduation -

Gray Belt - Abdullah Ali, Abdurhman Ali, Ali Ali, Derek Garcia, Miguel Moreno, Jewell Mitchell, Ishmel Moreno, Jami Riley, Maxwell Riley

Tan Belt - Nicholas Demartini, Curtis Martin

Yellow Belt - Shon Ford, Charles King III, Daniel Kestler, Steffie Roehlk

Orange Belt - Jamie Roehlk, Steve Roehlk

Green Belt - David Brooks

Blue Belt - Israel Galan, Christopher Leavell-Carr

2nd Brown Belt - Skyler Roehlk

Apprentice Black Belt - Mieron Teklebirhan

Black Belt Candidate - Ehrich Hurst, Joshua Hurst



AUGUST 2011 BIRTHDAYS

Andre Brown Jr. (6),

Grecia Masso (9), Israel Galan (11),

Charlee Clouse (13), Telsa Mitchell (13)

Angela Rodriguez (13), Daylond Sharp (15),

Cedron Martin (16), Michael Munter (17),

Shon Ford (19), Miguel Moreno (20),

Ehrich Hurst (22), Emalie Floyd (22),

April Love (23), William Loctosh (24)

Pedro Arroyo (24), Dan Burtschi (26),

Joel Lane (28), Erika Munter (31)

Haynes Apperson

Battle of Independence

Karate Tournament Winners!

Abe Klimenko - 2nd Place Kata (Forms)

Steffie Roehlk - 3rd Place Chanbara (Sword Fighting) & 3rd Place Kumite (Fighting)

Skyler Roehlk - Great Participation

Nathaniel Piper - 2nd Place Kumite (Fighting)

Kelsey Piper - 3rd Place Kumite (Fighting)

LEADERSHIP LIFESKILL: MOTIVATION

For those in the Leadership Program, we have been doing our workbooks on Motivation. If a Goal or Vision is the destination, then Motivation is the engine to drive it forward.

There are four ways to motivate someone: **Fear, Reward, Obligation & Love.**

Fear is the shortest lasting kind of motivation, but sometimes it can be the most powerful. A child can be encouraged to do the right thing because of the consequences of doing the wrong action. We know the Bible even teaches in Proverbs 1:7, "The fear of the LORD is the beginning of knowledge, but fools despise wisdom and instruction." Sometimes the person who is stubborn needs some fear in their life to get them to do the right thing. Some people need the fear of dying before learning healthy living. Some need the fear of being fired from their job before they work like they should. Fear can be a strong motivator when necessary.

Reward can be a great method of encouragement, but is temporary in it's solution. A child receiving a gift for doing well can be a great motivator. Even a complement can be a reward. This can help a person get over the feelings of discouragement or get them excited towards the goal. I remember when my children where young that reward charts and prizes went far to motivate them to clean the room, feed the cat, or even with potty training.

A person with the feeling of **obligation** will do the right things as a matter of principle or habit. There is a level of consistency when a person sees a task with obligation.

But the best form of Motivation is **Love**. When a person learns to love something they will have the same or better consistency as obligation, but will have a great attitude towards the task or deed. If a child learns to love a clean room, they will be more encouraged to keep it clean.

It is important, as we are encourage others (or teach children) to do right or reach a new goal, that we evaluate what form of motivation is needed. Then take it from the fear or reward levels to the love level. Helping them understand the importance of success or the importance of doing right..